

Minh's Knight in Shining Armour

The Hall Technique
Edition



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With special thanks to Dr Clement MF Seeballuck

Produced in association with Dental
Connect, The Dundee School of Dentistry,
and SmileTrain



Minh's Knight in Shining Armour

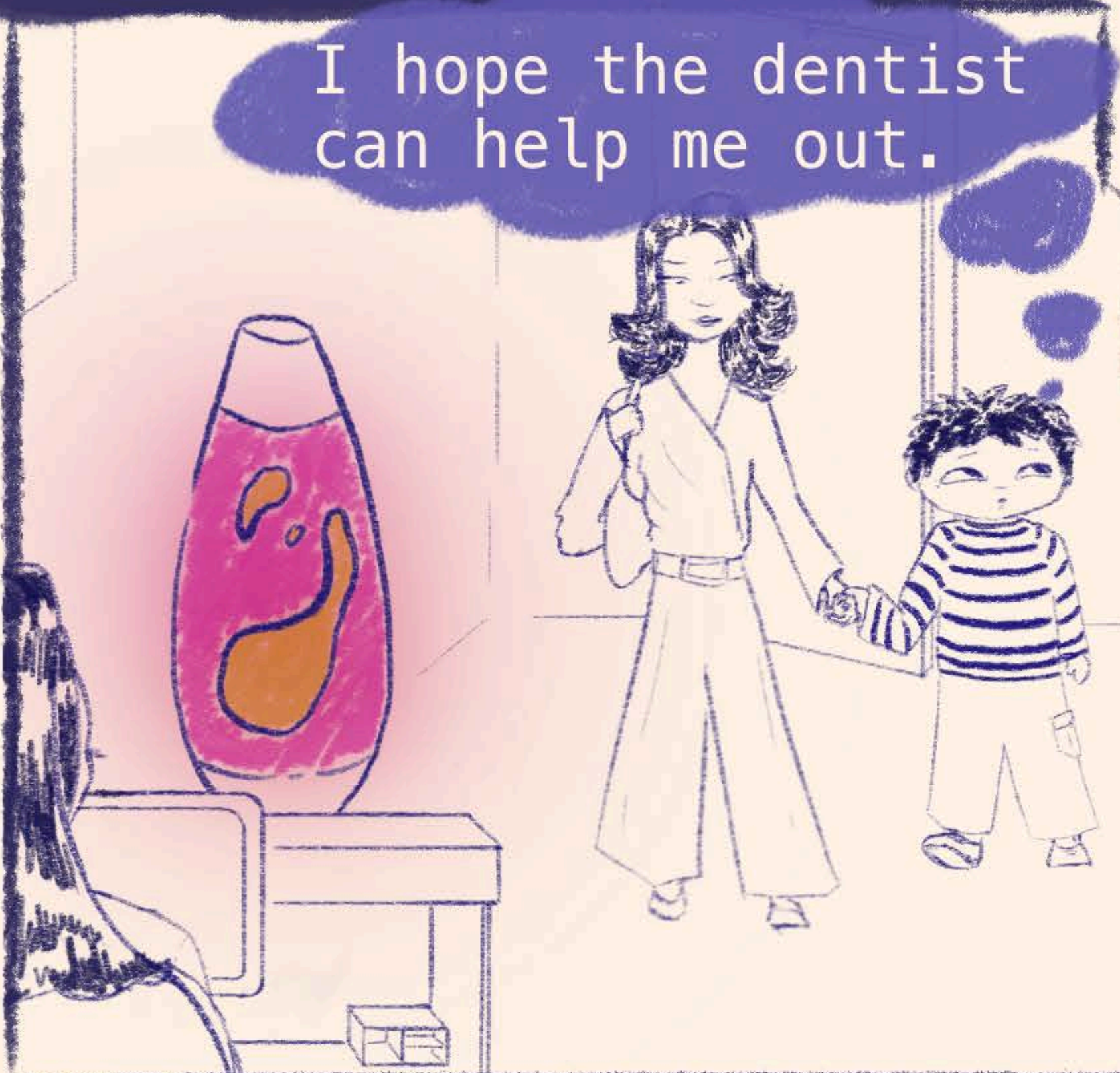
The Hall Technique Edition



Minh found a small hole in his tooth when brushing. He told his mum right away!



Don't worry, Minh. We can go to the dentist to get it sorted.



I hope the dentist can help me out.



Hi Minh, I heard you found something on your tooth. You did the right thing coming in. Do you want to show me?

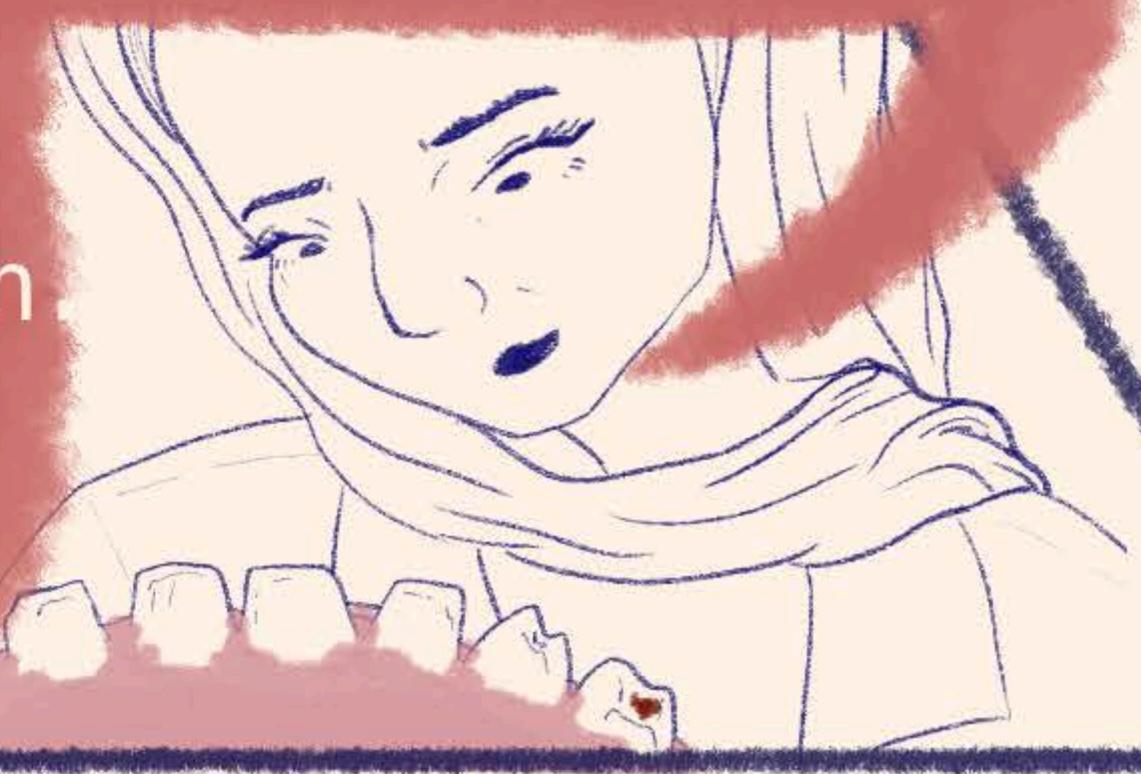


It hurts a little too when food gets stuck in it



Thanks for letting me look at your tooth. I can see the little hole you found. We call that dental decay.

Don't worry I can help you with this. I can place a nice, shiny cap on the tooth. This will keep the tooth healthy and stop the hole from growing.



The crown will protect the tooth and keep it strong until it's ready to fall out.

You have a lot of tools here, will everything be ok?

Everything will be just fine. We don't need to use most of this stuff. It's super easy!



See? It's like a shiny helmet for your tooth!

Like a knight?

Exactly.

We put little bands around the tooth then you come back a week later and we glue the crown on.



Does that all sound good?

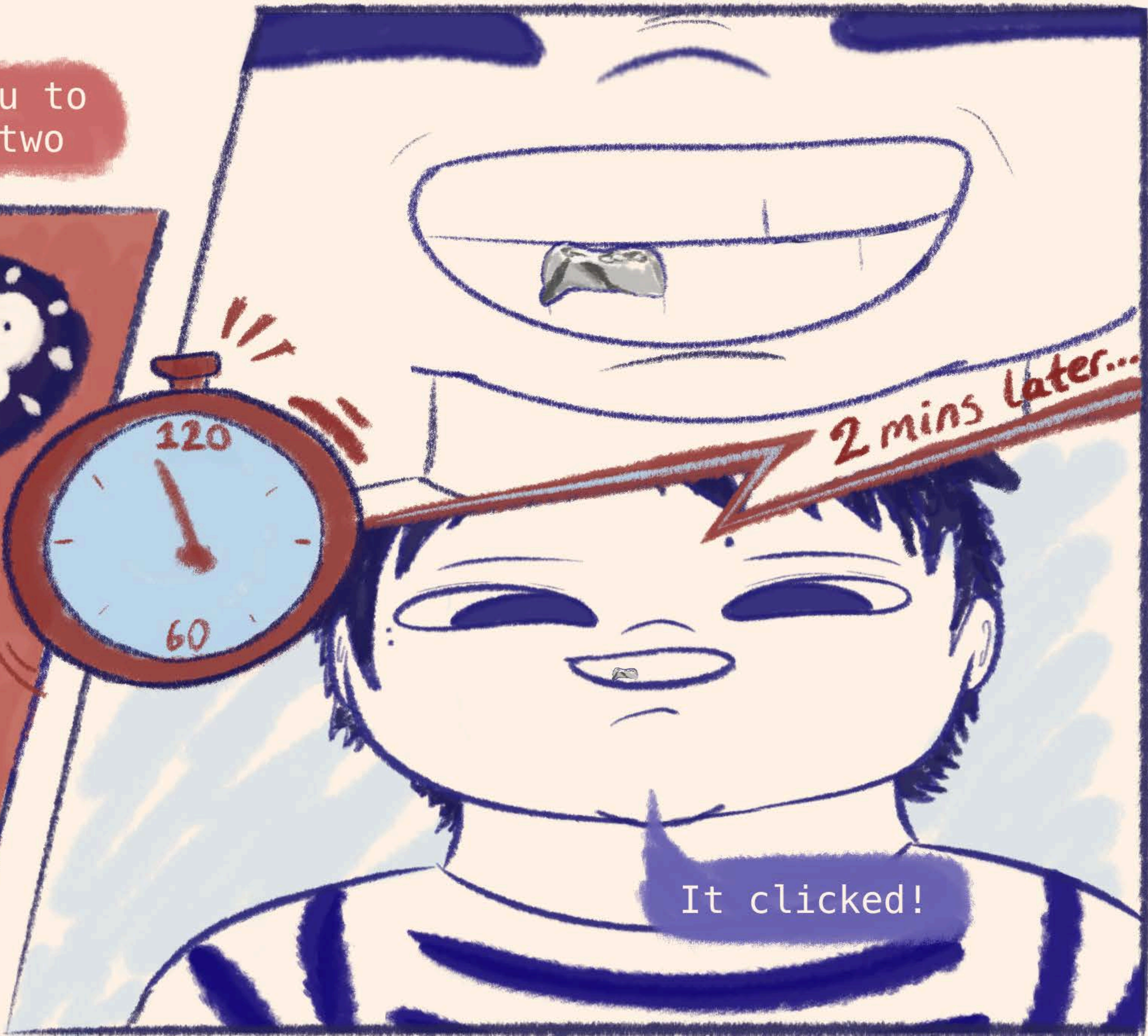
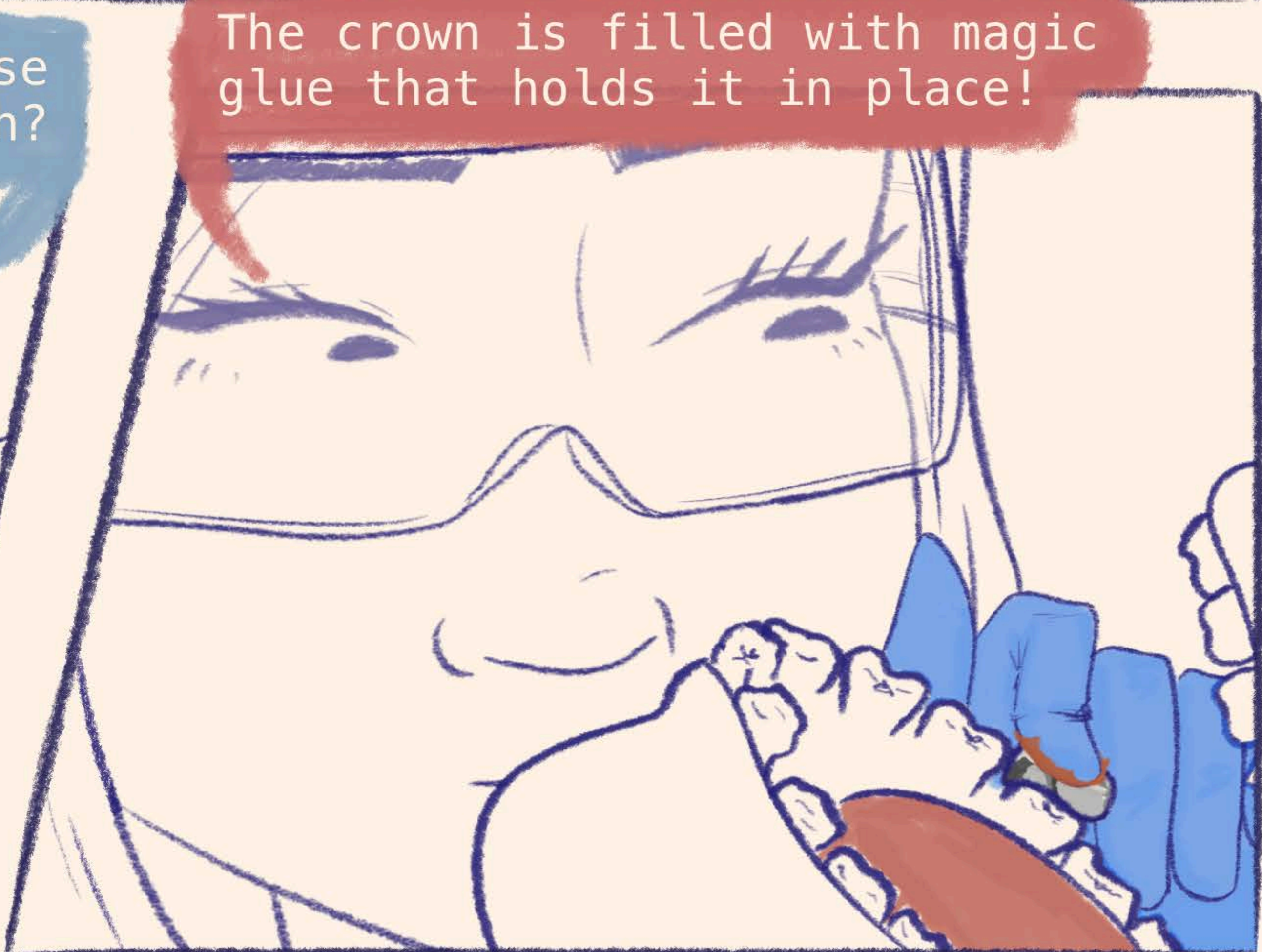
Yes!



Ok, see you next week Minh!

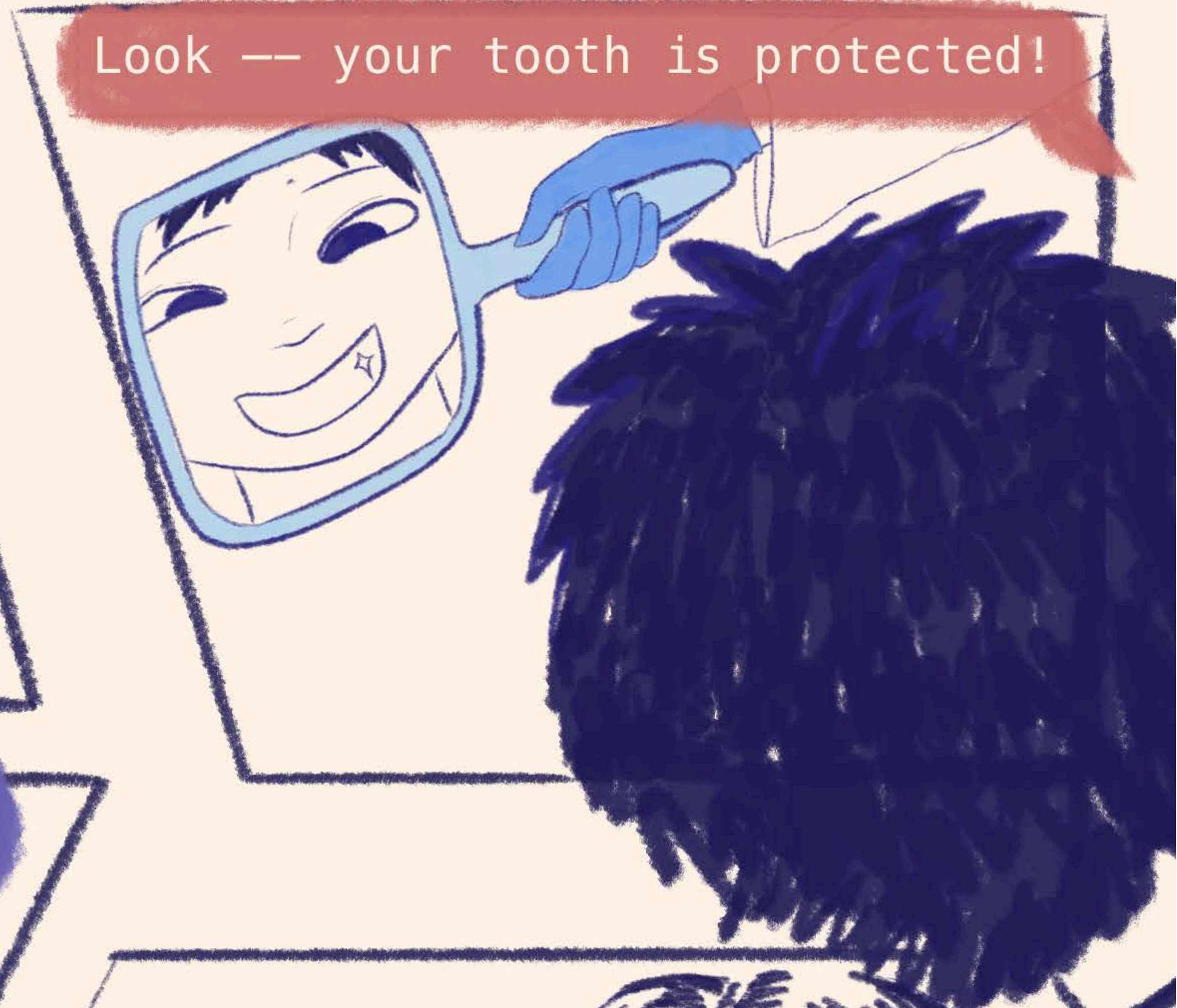


Next Week





Look -- your tooth is protected!



Wow! It really is a knight's helmet!



Well done, that was easy.

You did a great job. Hopefully I'll see you soon for a check-up!



Thank you!

The END

Our teeth are super important because they keep our whole body healthy! To keep them healthy, we eat a balanced and healthy diet. Fruits and vegetables are fantastic, and we need to have less sugary foods and drinks because they can give us problems.

We should be brushing our teeth twice a day with a fluoride toothpaste to keep our teeth healthy and strong! Minh's dentist helped him find the right strength of toothpaste. Minh loves to brush his teeth right away when he wakes up and just before he goes to bed, sometimes his Mum will put on cartoons or music to help pass the two minutes.

Going to the dentist regularly is also really good for us. They can give us advice to help us keep our teeth healthy. Healthy teeth can help to speak, eat and most importantly play! Your dentist can make a personal care plan with you and your parent/guardian to make sure of this.

